



## NORTHERN CALIFORNIA CONFERENCE

# Mozambique



This packet is created for the Northern California Conference churches and schools who are interested in participating in Maranatha's project in Mozambique.

Once you have read the packet and you would like to sign up, please complete the attached application and send it to: Maranatha Volunteer Service Department, 1600 Sacramento Inn Way, Suite 116, Sacramento, CA 95815

### Maranatha in Mozambique

In 2006 Maranatha responded to the request of the Seventh-day Adventist Church in Mozambique to construct 1001 urgently needed churches and eight Education and Evangelism Center buildings. Both kinds of buildings will be used as churches and schools every day of the week.

### Who is Funding the Projects in Mozambique?

The local church is responsible for providing the land and volunteer labor in order to build the foundation. Maranatha has agreed to raise \$25,000 for each new church making this more than a \$25 million dollar project. The Northern California Conference is committed to sponsoring 25 of these 1001 churches. The conference will subsidize \$16,000 per church. The NCC church groups would then fund the remaining \$9,000 and build "their" church. They would also be responsible for the other mission project costs of travel, food, lodging, etc.

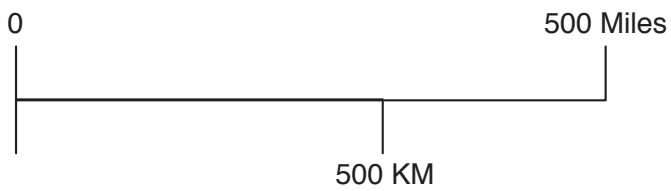
### About Mozambique

Mozambique consists of approximately 802,000 sq km of land in South-East Africa. Mozambique has a population of approximately 19 million, and the official language is Portuguese, although many languages are used throughout the country. The climate is tropical throughout, more humid along the coast and dryer inland. Mozambique is divided into ten provinces. Maputo has a population of approximately one million and is the capital of Mozambique.

### Mozambique Statistics

- Total estimated inhabitants in Mozambique: 19,500,000
- Average number of children born per family: 5
- Products exported from Mozambique: sugar, fish, cotton, cashews, aluminum and wood
- Proportion of goods that are imported from abroad: 90%
- Number of land line phones: 77,600
- Number of cell phones: 708,000
- Percent of population below poverty line: 70%
- Number of families that hold most of the country's wealth: 100
- Average yearly wage (if employed) in US dollars: \$350
- Percentage of people that speak Portuguese as a first language: 8.8%
- Most common language: Emakhuwa
- Life expectancy in years: 40
- Literacy rate: 39%
- For women: 17%
- Year Mozambique gained independence from Portugal: 1975
- Mozambique is slightly less than twice the size of California

## Map of Mozambique



1" equals 166 miles

## Facts about the Church in Mozambique

- Baptized members of the Church in Mozambique: 208,000
- Total people that are associated with the Church (members, families, etc.): 500,000
- Seventh-day Adventist pastors in Mozambique: 110
- Average monthly wage of a pastor in meticals: 3,500,000 (\$127)
- Adventist schools in Mozambique: 1
- Number of pastors with an undergraduate degree: 5
- Number of church buildings before Maranatha started: 13
- Average number of children born to families in the Church: 7 to 8
- Tithe per member in 2004: \$2.10
- Tithe per member in 2005 following a severe drought: \$1.00
- Percent of Adventist members that live in Africa: 40%
- Number of countries in the Southern-Africa Indian Ocean Division: 23
- Percent of members in Africa that become inactive without nurture and a church building: 80 to 90 %



## Accommodations

One of the unique opportunities you may have is to stay in a “Maranatha Safari Camp” setup in a secure area. This will bring the authentic African mission experience along with a chance to draw close to the group. Showers and bathrooms will be on site along with a large covered open-air meeting/eating area.

Tents (9ft x 9ft), twin mattress and cots will be provided. Plan on two people per tent and plan to bring your own bedding and towels.

Depending on your church project location, hotels and beach resorts might be available. Your group can choose between camping or hotel lodging based on availability.



## The Building Site

In Mozambique we are using a different system than what Maranatha uses in Latin America or India. The interlocking brick is very volunteer friendly. The bricks are made by Maranatha crews and do not need stucco or paint. The Education and Evangelism Center will be constructed of block in the center section and with brick for the class rooms all around a steel structure. The churches will be constructed of solely the brick around a steel structure.



Whether you're a tradesman or a first-time volunteer, here are some things you should know:

- 1. Our first priority will be safety.** All volunteers are **required** by Maranatha to wear **hard hats** at all times while on the job site. No exceptions, please! You can purchase one at any hardware store for fewer than ten dollars. In addition, **hard-soled shoes/boots** and **safety glasses** are **strongly recommended**. Power equipment will be operated by designated volunteers only and always with the proper protection. Daily briefings from our Construction Superintendent will remind us of any safety precautions needed for that day's work. And the assigned Safety Officer will be on the lookout for potential hazards, sufficient water intake, and adequate sun protection. Help us keep safety first!
- 2. Our second priority will be quality.** In order to assure the integrity and strength of its buildings, Maranatha asks that we build to certain specifications, using their standardized procedures. These are to be followed, even when there may be another way of doing things. We are often building in earthquake-prone areas. Although the buildings are designed to withstand earthquakes, their real strength depends on how well we execute the plans. Many of the tasks we perform on the site are simple, but they must be done diligently. Therefore, we ask volunteers to slow down and heed the Bible's advice, "Whatever your hand finds to do, do it with all your might." Our goal is to do all we can with excellence, not complete the building.
- 3. Our third priority will be teamwork.** None of us could construct this building by ourselves! We need each other. No job is more important than another. That's the beauty of being part of a Maranatha crew. Everyone counts! In fact, before we arrive, dedicated Maranatha employees will have already laid the foundation and erected the steel. And after we leave, other Maranatha crews will add stucco to the inside section of the school and paint. The part that is constructed from brick will not need stucco or paint. From start to finish it will be a large-scale team effort.



**Campuane Church**

## Traveling to Mozambique

Groups can fly into Johannesburg, South Africa and travel by bus to Maputo which takes 8-10 hours or directly into Maputo. The airport code for Maputo is MPM. Most flights to Mozambique from North America go through Johannesburg, South Africa or through Lisbon, Portugal.

Some projects in the north will require an in country flight. Please contact Maranatha if you have questions about booking your ticket.



**Emergency after hours number to keep with you while traveling. 916-566-1498**

## Entry Requirements

Visas are required and are usually issued for one month. You can apply for your visa at the airport in Maputo, major overland border crossings or at embassies of Mozambique. Obtaining Visas ahead of time will save a great deal of time when arriving.

If you plan on going on the excursion to Kruger Park, South Africa you need to have a **multiple entries visa** (multiplas entradas), which can be obtained before you arrive into Maputo. This will save you considerable time on the return from the park and save an additional fee for a new visa.

**On the Visa form there are several questions that you may need help with.**

**IN DETAIL GIVE REASONS FOR YOUR ENTRY:**

Tourism and Volunteer in Maputo

**ADDRESS OF RESIDENCE:**

Maranatha Volunteers International  
C/O ADRA Mozambique  
2091 Ave Eduardo Mondlane  
Maputo, Mozambique

**REFERENCE OF A FRIEND IN MOZAMBIQUE USE:**

Name: Zeca Xavier  
Nationality: Mozambican  
Relationship: Friend  
Address: Avenida Maguiguana #300  
Maputo, Mozambique

\* No matter where or what visa you get, your passport must be valid for at least six months from the dates of intended travel, and have at least three blank pages.

Mozambique Embassy contact information is 202-835-7146, embamoc@aol.com or <http://www.embamoc-usa.org>

## Exit Requirements

Please note on departure from Mozambique all passengers must pay an airport tax of \$20 USD in cash using US Dollars, Metical or South African Rand.

## Baggage Limits

Please inquire with the airline you are flying as to baggage limits on international travel.

These vary from airline to airline and in some instances may have been reduced since you last flew. Plan to check your luggage to Maputo (MPM) as your final destination. If you are required to pay extra for over weight checked baggage ask for a receipt so that you don't have to pay again if you are switching airlines. Most airlines in Economy Class have a limit of two pieces at 44lb or 50lbs each.

The size and weight and content of your carry-on is also monitored.

**3-1-1 for carry-ons** = 3 ounce bottle or less (by volume); 1 quart-sized, clear, plastic, zip-top bag; 1 bag per passenger placed in screening bin. One-quart bag per person limits the total liquid volume each traveler can bring. 3 oz. container size is a security measure.

## Delayed Luggage

If you arrive in Maputo before your luggage use this local contact information on your baggage claim tickets with the airlines. This has been a common occurrence so plan accordingly with two days worth of clothes, prescription meds, and personal hygiene items that are less than 3 ounces in your carry-on just in case.

David Woods +258-82-6239038

Maranatha Volunteers International  
C/O ADRA Mozambique  
2091 Ave Eduardo Mondlane  
Maputo, Mozambique

## Airports

When traveling through airports keep the following in mind:

- ***If you have not traveled*** within the last several years, be aware that security measures have been tightened. Be prepared for additional checkpoints and requests from airport personnel.
- ***NEVER leave your bags.*** Stay with them at all times. Know what is in them and do not accept packages from strangers. This is a security requirement in all airports.
- ***When in a foreign airport,*** do not accept assistance from anyone unless you are prepared to pay. Some nationals may insist on being “helpful” and then demand a tip.

## Recommended Hotels in Johannesburg

Due to different routings some people are traveling through Johannesburg and needing to overnight either on the arrival or on the departure. Here are some recommendations of hotels near the airport.

### **Airport Game Lodge – Kempton Park (\$70-80 USD)**

Airport Shuttle, Internet and Breakfast included. 1-888-892-3642

### **Rooms for Africa – [www.roomsforafrica.com](http://www.roomsforafrica.com) search for near JNB airport.**

Prices are in Rands, which is 6.8 ZAR to 1 USD.



## Things You Should Know About ...

### Money Exchange

Mozambique currency is Metical, (Mt for short). The value of one US dollar in Meticals in February 2008: 23,800.

Most banks don't charge commission for changing cash, and together with foreign exchange bureaus, these are the best places to change money, although some banks will only let you change cash if you have an account.

Shops selling imported goods will often change cash dollars into meticals at a rate of 5% higher than the bank rate and can be helpful outside of banking hours. Changing money on the street isn't safe anywhere and is illegal.

Traveler checks are not widely accepted, and commissions can be high. Credit cards are also not widely used and cash advance on them can be expensive and slow. ATM's are a good alternative to get cash in Maputo.

### Food

Participants should only eat food our cook has prepared, or that has been approved by the Project Coordinator. It is not safe to eat food that is sold in the open market, on roadsides, or that has not been properly prepared. Even fruits that are cut open and eaten (such as pineapple) can become contaminated with harmful organisms as the knife passes through the unwashed fruit. Our kitchen help will thoroughly wash all produce in a water/Clorox solution before eating. Ignoring this simple precaution could result in a very unpleasant case of diarrhea, intestinal cramps, and/or vomiting. Even with these precautions being taken, some volunteers may experience intestinal difficulties due to changes in the microbial environment, and should be prepared by bringing Pepto-Bismol and anti-diarrhea medication.

Three meals a day will be provided, Mozambique style, and may differ from your accustomed preferences. All meals will be vegetarian, but not necessarily vegan. Those with dietary concerns or who wish to observe a vegan diet during the project are encouraged to bring food to supplement what is prepared.

Maranatha has a culinary-school trained cook from Mozambique available for volunteer projects. Volunteers will have the opportunity to participate in the kitchen as help is needed. In order to make sure the cook is available please contact Maranatha when selecting project dates.

### Water

DO NOT drink anything that is not bottled. Don't brush your teeth with the tap water. Don't drink out of hoses or the shower. Bottled, purified water will be available. It is safe to drink and should be used for brushing teeth, too. Bottled drinks, soda pops, and juice in sealed cartons are safe as long as the mouth of the container is cleaned. You'll want to bring a sturdy, quart-size sipper bottle with you for transporting purified water wherever you go. Ignoring these precautions can have very unpleasant results!



## Sun and Heat

Many people underestimate the effects of sun and heat. Protecting yourself from the adverse effects of these elements is vital. The importance of drinking adequate amounts of water will be stressed throughout the trip. It is also necessary to replace body salts lost through perspiration. Adding salt to your food at meals can help. Some people like to bring powdered Gatorade to add to their water. Eating potassium-rich bananas (we'll be in one of the banana capitals of the world) can also boost your electrolyte levels. Failure to protect yourself from the sun for even a day can result in dehydration, sunburn, heat exhaustion, or heat stroke. Be sure to use a hat and plenty of sunscreen, drink lots of water, and work at a moderate pace. Wear sun block any time you are outside, even if your skin is naturally dark. You'll be very close to the equator, so you'll react to the sun's rays much more quickly. The CDC recommends SPF 30 or higher in addition to wearing a wide-brimmed hat, long sleeves and pants, and UV protection sunglasses. Also note that certain prescribed antibiotics have the side effect of increased sensitivity to sunlight. This calls for added precaution.



## Insects

There are plenty of insects. Some people are more prone and sensitive to bug bites and it will be important to protect yourself from biting insects including mosquitoes. Be sure to pack insect repellent. Also read “**Medications and Immunizations**” for more information about taking precautions against Malaria.

## Rest

Getting adequate sleep is vital to maintaining your physical stamina during the day and to preventing fatigue that can lead to accidents. In the excitement of a trip, some participants may underestimate their need for rest. Staying up past the suggested curfew may keep others from getting their rest and will eventually wear down your energies. Please try to stay on the group's timetable for work, play, and rest.

## Security

Whenever you are in another culture, heightened personal security measures are in order. There are always those who will take advantage of your unfamiliarity with the area and its customs. In addition, there is an almost universal assumption that all Americans are rich. This makes them a target for thieves and pickpockets. While there is no direct threat to Americans in Mozambique and you will find the people to be warm and friendly, we ask that you abide by the following precautions:

- Do not bring more valuables than necessary. Keep them out of sight and be aware of their place at all times.
- Do not invite the local people into your living quarters or onto the job site. Some Adventist members may be working with us, but it is best to keep your private space just that. We will have the ability to lock our quarters and will do so throughout the day and night.
- Leave your jewelry at home. Rings, earrings, necklaces, expensive watches, etc. only reinforce the notion that you have money and goods for the taking.
- Stay with the group. Even though the environment feels safe, participants will not be allowed to venture off by themselves except in groups and the Project Coordinator has given permission. This is not an issue of trust, but one of safety and accountability.



## Weather

The climate is tropical in the north and subtropical in the south. Mozambique sees a dry season from April to September and a wet season from October to March and with average temperatures between 80°-88°F. The higher interior is always slightly cooler and gets more rain.

## Time

Time in Mozambique is GMT/UTC plus two hours. There is no daylight savings time. Mozambique is nine hours ahead of Pacific Standard time and ten hours ahead of Pacific Daylight time.

## Electricity

Mozambique uses 220-240 V AC, 50Hz, usually accessed with European plug 🇪🇺 with two circular metal pins or South African/Indian-style plug 🇿🇦 with two circular metal pins above a large circular grounding pin.

## Phone Calls

Please plan to keep your calls home to a minimum. If an emergency arises, the Project Coordinator will have the means to place a call.

In the event of an emergency, please instruct family or friends at home to call the Maranatha office at 916-920-1900. This is the most effective way for people to leave messages for volunteers during the project.

**Please note that this is for emergency purposes only.**

If you are delayed while traveling to Mozambique please contact the office at 916-920-1900 or if it is outside of normal business hours please call Maranatha at 916-566-1499 to let them know.

## Medications and Immunizations

Bring any medications you are currently taking. Keep these with you in your carry-on luggage. Do not pack them in check-in luggage (in case your luggage is lost or delayed). If you are concerned with possible problems such as motion sickness or diarrhea, consult your family physician as to the best preventive procedures. Here's a suggested list of over-the-counter supplies to bring along "just in case." Participants will be responsible for bringing their own medications.

### Over the Counter Preparations to Bring Along:

- Pepto Bismol (for nausea, vomiting, diarrhea, stomach ache)
- Tylenol (for pain, fever)
- Advil (for pain, fever)
- Benadryl (for allergic reactions)
- Cortaid (for rashes)
- Imodium (for diarrhea)
- Band-Aids
- Ben-Gay (or other cream for sore muscles)

Maranatha requires that each volunteer have a current tetanus shot prior to traveling to Mozambique. In addition, each individual should make their own decisions regarding vaccinations and prophylaxis.

There is a very high risk of Malaria in the entire country of Mozambique. The first line of defense is to take measures to avoid contact with mosquitoes, especially between dusk and dawn, when they feed. Using preventive medications is an equally important safeguard. Prophylaxis with Atovaquone/proguanil (malarone), doxycycline, or mefloquin is recommended by the Centers for Disease Control. Please check with your health-care provider for a recommendation of which medication you should take.



Complete health information for the traveler can be obtained from the Centers for Disease Control, [www.cdc.gov/travel](http://www.cdc.gov/travel) or (877) 394-8747. The CDC has several recommended vaccinations for traveling to Mozambique.

Please consult your health-care provider to decide which vaccinations you will need for your trip.



## Preventative Medicine

As a visitor, be aware of your new surroundings. Drinking water from the tap or from restaurants in Mozambique is not the same as back home. Please note the following precautions, some of which we have already mentioned.

- **Wash your hands** before you eat. “Handy Wipes” or disinfectant hand gel are a convenient way to sanitize your hands after washing.
- **Drink lots of fluids** Excessive physical exertion combined with prolonged exposure to the sun can dehydrate your body quickly. Drink only bottled water. Be aware of ice cubes in drinks. The ice cubes may not have been made with purified water. Bring a water bottle. Powdered Gatorade is a great thing to have to keep you hydrated too.
- **Avoid eating food sold on the streets** Street vendors do not typically use proper sanitation and the food may contain a high level of bacteria. Vegetables and fruits must be washed in a purifying solution such as bleach or iodine. Generally, the more processed and packaged the food, the safer it is.
- **Maranatha will provide plenty of purified drinking water** during the project. All food served to you by Maranatha will be cleaned and prepared with the necessary precautions.

## AIG Assist Insurance

All volunteers will be covered by medical insurance from the time they arrive at the project until boarding the plane to go home. This is a secondary policy, which means any claims would first be processed through any primary policy you may have. This covers any accident that might occur during the project including weekends and excursions.

This policy has a \$250 per occurrence deductible.

Maximum Benefits:

Accidental death or dismemberment	\$75,000
Medical/dental expenses	\$75,000
Medical evacuation	\$100,000
Repatriation (in the event of a death)	\$20,000
Endemic disease	\$20,000

(This policy includes diseases such as malaria, hepatitis, etc.; it does not cover AIDS.)

## Why purchase accident insurance through Maranatha if you have your own insurance?

Maranatha mission projects are construction projects where people can get hurt. Accident insurance is essential. It is not possible for Maranatha to analyze everyone’s policy to see if his or her insurance is current and the coverage is in effect at the location of the mission project. The Maranatha Board of Directors decided that the safest route was to require everyone to purchase the secondary coverage that we carry. That is why it is already included as part of your participation fee.

## Clothing

It is important to acquaint yourself with the Mozambique culture prior to your trip. You will also want to adapt your personal dress and behavior to match the cultural sensitivities of the local Adventist population, as this will help you earn the respect and trust of your hosts.

## Laundry

Generally, it's best to plan to do as little laundry as possible. Limited laundry service will be available. Prices are generally modest, and charged per piece. Please note: it would be best to leave your "fine washables" at home, as laundry conditions may not favor these items.



## Tentative Schedule - Suggestions

An inherent part of a mission trip is adapting to change and surprises! This is a suggested schedule that your group may wish to adopt.

### Daily Schedule

#### EXAMPLES

5:45 a.m.	Wake Up
6:00-6:30 a.m.	Personal Devotional Time
6:30-7:00 a.m.	Breakfast Line Open
7:15 – 7:45 a.m.	Morning Worship
7:45 a.m.	Depart for Work Sites
8:00 a.m. – 12:00 p.m.	Work and Outreach
12:00 – 1:00 p.m.	Lunch
1:00 – 4:45 p.m.	Work/Outreach
5:00 p.m.	Free Time
6:00 – 6:30 p.m.	Supper Line Open
7:30 – 8:30 p.m.	Evening Worship
8:30 – 10:00 p.m.	Free Time
10:00 p.m.	Lights Out and Quiet

#### EXAMPLES

Wednesday	Arrive in Maputo afternoon
Thursday	Work day 1
Friday	Work day 2
Sabbath	Worship with local church
Sunday	Work day 3
Monday	Work day 4
Tuesday	Local Excursion
Wednesday	Work day 5
Thursday	Work day 6
Friday	Work day 7
Sabbath	Worship local church
Sunday	Last day of project / Optional Excursion (overnight near Kruger Park)
Monday	Excursion / (Kruger Park and return to Maputo)
Tuesday	Excursion / (Island of Inhaca – return to Maputo)
Wednesday	Morning departure for those on Excursion

## Excursion Options

### Maputo

Maputo (formerly Lourenço Marques), is one of Africa's most attractive capitals. It's set on a small cliff overlooking Maputo Bay, with wide avenues lined by jacaranda and flame trees, a plethora of pleasant sidewalk cafes and a relaxed atmosphere. For decades, the city's charms were overshadowed, first by colonialism, then by war, and it's only recently that the city has come into its own. Today Maputo is a lively, bustling place with colorful markets, intriguing architecture and a wealth of cultural offerings.



### Pemba

Pemba is a coastal town at the mouth of a huge bay. It boasts some interesting buildings (especially in Baixa - the old town) and a lively atmosphere. Most visitors come for the beaches - particularly Wimbi Beach (sometimes spelled Wimbe) - and the coral reefs. Wimbi is about 3 miles (5km) east of town.

The reef is close enough to swim to. A fledgling tourist industry is already transforming the place with restaurants, diving, snorkeling, boating, fishing, etc. The Makonde workshop on the road between town and the beach has good wooden carvings for sale at good prices.

### Bazaruto Archipelago National Park

This archipelago consists of five main islands: Bazaruto, Benguera, Magaruque, Santa Carolina and tiny Bangué. It's about as close to a tropical paradise as you'll find, and is one of Mozambique's highlights. Among its attractions: clear, turquoise waters; tranquil, white-sand beaches; a plethora of colorful birds; and rewarding diving and snorkeling.

The larger islands were originally connected to the mainland at Ponta São Sebastião. The small population of Nile crocodiles that laze in the sun in remote corners of both Bazaruto and Benguera islands is evidence of this earlier link.

Thanks to their protected status, and to the archipelago's relative isolation from the ravages of war on the mainland, nature bursts forth here in full force. Most impressive, perhaps, are the elusive dugong who spend their days foraging among sea-grass meadows around the archipelago. As a backdrop to all this are extensive and excellently preserved coral formations.

Living amidst all the natural beauty are about 3500 Mozambicans who call the archipelago home.

### The Quirimbas

The Quirimbas Archipelago consists of 32 coral islands stretching from Pemba (the capital of Cabo Delgado Province) to the Rovuma River, which forms the natural frontier between Tanzania and Mozambique. The area has never been developed and remains an unexplored tourist paradise.

The southernmost 11 of these islands and a vast expanse of mainland forest are included in the Quirimbas National Park - a conservation effort to preserve and protect the area.

The Gessner family have lived On Quirimba Island, (the main island of the Quirimbas) since 1936. Joachim Gessner's father arrived in Africa from Germany in 1922 and discovered Quirimba soon after. The family moved onto Quirimba to settle and created a coconut plantation which they continue to farm to this day. This plantation's private airfield is available to Quilála guests and is just across the bay. At low tide, Quirimba Island is linked to Ibo by a narrow sand-spit.

### Ibo Island

Ibo Island is probably the most visited in the Quirimbas Archipelago due to its fascinating history and beautiful old buildings. Lying to the north of Quirimba, historic Ibo Island was where Vasco da Gama rested in 1502. In later years, Ibo became a major trading center for ivory and slaves.

Probably the most compelling attraction in the Quirimbas, Ibo's 200-year-old ghost town and 16th Century forts make for a fascinating journey to an era long forgotten.

Three forts, a cathedral, and numerous palatial homes once graced the town. The main fort overlooks the entrance to the harbour and was built to protect Portuguese Mozambique from the French Comores to the east. It is constructed in the form of a pentagon. Only three other pentagonal forts remain, one each in Mombasa, in Cape Town, and in Maputo. Ancient cannons still grace the ramparts, though the fort is now inhabited by silversmiths who make jewellery using ancient Arab techniques and tools — blowpipes, charcoal, lemon juice, and tiny metal files.

*Taken from <http://www.quilalea.com/mozambique/attractions.asp>*

### **Inhaca Island**

The island of Inhaca lies about 25 miles (40km) off the coast of Maputo. Like so many of Mozambique's islands, it is a natural paradise of unspoiled forests, grassy plains, breathtaking beaches and coral reefs. A favorite destination for South African divers and snorkelers (particularly at Santa Maria or the lighthouse), Inhaca is easily accessed by ferry or boat trip from Maputo's ferry terminal, or via a short flight from Maputo.

*Taken from <http://www.gozafrica.com/mozambique/inhaca-island>*

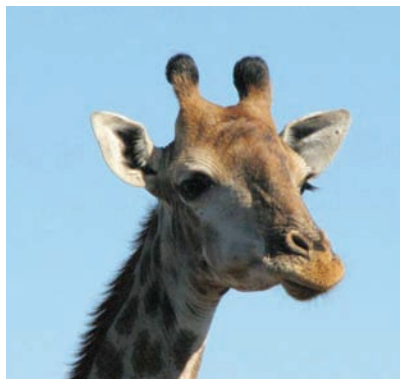
### **Kruger National Park – South Africa**

Where nearly 5 million acres of unrivalled diversity of life forms fuses with historical and archaeological sights – this is real Africa.

The world-renowned Kruger National Park offers a wildlife experience that ranks with the best in Africa. Established in 1898 to protect the wildlife of the South African Lowveld, this national park of nearly 5 million acres, SANParks - Kruger National Park is unrivalled in the diversity of its life forms and a world leader in advanced environmental management techniques and policies.

Truly the flagship of the South African national parks, Kruger is home to an impressive number of species: 336 trees, 49 fish, 34 amphibians, 114 reptiles, 507 birds and 147 mammals. Man's interaction with the Lowveld environment over many centuries - from bushman rock paintings to majestic archaeological sites like Masorini and Thulamela - is very evident in the Kruger National Park. These treasures represent the cultures, persons and events that played a role in the history of the Kruger National Park and are conserved along with the park's natural assets.

*Taken from <http://www.africandreamholidays.com/place-to-stay/kruger-national-park.html>*



### **Maranatha Photography and Videography**

Occasionally Maranatha takes photos and video footage of volunteers working on mission projects. These images and stories are used to share the joy of service with others. The still photos and video footage might be used in The Volunteer, Maranatha's quarterly magazine; Maranatha Matters, our e-mail newsletter; Maranatha Mission Stories, our weekly television program or something similar. By participating in this Maranatha mission trip you agree to be photographed or filmed, unless you specify otherwise.

*“Evangelism is a process—not just an event.”—Paul Ratsara, Division President  
Division's Goal: “Make a difference for the Lord in Southern Africa.”*

## What to Take

### Work Gear

- Work pants (lightweight cotton preferred)
- Good working shoes  
(work boots or hard-soled shoes are safest)
- T-shirts; old long-sleeved cotton shirts  
(if desired, for sun-protection)
- Hard Hat** (REQUIRED of all participants! --  
handkerchief for neck protection recommended)
- Safety Glasses** (STRONGLY recommended --  
sunglass-style works best)
- Work gloves (leather, 2 pair is best)
- Rubber Mallet
- Metric Measuring Tape
- Hand broom to wipe off bricks
- Level (2-3 ft)
- Masonry line blocks
- Sun block (SPF 15 or higher recommended)
- Water bottle

### Other Clothes

- Casual shirts, pants, and blouses
- Dress shirts, slacks, ties, and shoes (men) for church
- Dresses, skirts/blouses, and shoes (women) for church
- Light jacket for airplane
- Sleep wear (suggested)
- Swimming suit
- Socks, Underclothes

### Linens

- Towel and wash cloth
- Personal pillow
- Sheets and light blanket or light sleeping bag

### Miscellaneous Items

- Passport (and any other necessary documents)
- Airline ticket (if traveling with a paper ticket)
- Bible; other devotional/reading material
- Small instrument you play (flute, trumpet, etc.)
- Camera and film  
(or compact flash card if using a digital camera)
- Alarm clock
- Flip-flops (for showers)
- Flashlight
- Waist pack (optional)
- Lotion, Sunscreen, Chapstick with SPF
- Money for personal spending (plus exit fee \$25)
- Mosquito repellent (30-50%DEET)  
Mosquito nets will be provided.
- Malaria Prophylaxis
- Rope for clothesline, etc.
- Personal medication  
(Pepto, etc., daily prescriptions)  
[pack in carry-on luggage]
- Personal toiletries  
(soap, toothpaste, deodorant, mirror, razor, etc.)
- One roll toilet paper or tissues (just in case)
- Other \_\_\_\_\_

# Volunteer Team Application

## Maranatha Mission Project/NCC Mozambique Project

### Name of Team

\_\_\_\_\_  
*(Please indicate the name you want printed in Maranatha publications.)*

### Size of Team

Number of persons \_\_\_\_\_ [Youth (under 18): \_\_\_\_\_ Adults: \_\_\_\_\_ ]

### Project Dates

Proposed Dates \_\_\_\_\_  
*(A minimum of six working days is needed for a project.)*

### Project Location

Please indicate the project for which your team would like to be considered.

### Project Coordinator

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone (\_\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_  
Fax (\_\_\_\_\_) \_\_\_\_\_ E-Mail Address \_\_\_\_\_

### Leadership

Please indicate the contact information for your construction leader, spiritual leader, and team medic.

	Construction Superintendent	Food Service Coordinator
Name	_____	_____
Address	_____	_____
City, State, Zip	_____	_____
Phone	_____	_____
E-Mail	_____	_____
	Spiritual Leader	Team Medic
Name	_____	_____
Address	_____	_____
City, State, Zip	_____	_____
Phone	_____	_____
E-Mail	_____	_____

### Recruiting

Often an individual will contact Maranatha looking for a project in a specific country or during a set time frame. In these instances, would you be open to others joining your team project?

Yes  No

If yes, what e-mail address should be provided for them to find out further information?

\_\_\_\_\_  
**Please send all mailings pertaining to this mission project to the following address.**

Maranatha Volunteers International • Volunteer Services Department  
1600 Sacramento Inn Way, Suite 116 • Sacramento, CA 95815  
(916) 920-1900 Phone (916) 920-3299 Fax  
leaders@maranatha.org

# **Maranatha Volunteers International**

## **Volunteer Team Project Agreement**

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### **Name of Team** \_\_\_\_\_

I, the Project Coordinator, submit this application and signed contract, along with a non-refundable \$500 deposit, requesting the assignment of a Maranatha project. I agree to comply with the guidelines listed below.

### **Team Leadership**

The Project Coordinator will communicate directly with the Maranatha office and will recruit people to be the Food Service Coordinator, the Spiritual Leader, the Construction Superintendent, the Mason, the Translator (Portuguese), and the Team Medic.

### **Site Visit**

It is not necessary for the Project Coordinator to make a site visit for Mozambique. Maranatha will help make the arrangements based on a tentative schedule given by the Project Coordinator.

### **Project Fees**

A project fee will be created by Maranatha based on schedule provided by Project Coordinator. The amount of this fee will vary depending on the scope of the team's project and location. The total due (minus the \$500 deposit) will be received at the Maranatha office no later than 30 days prior to departure. Payments should be made as a group.

### **Insurance**

Accident insurance will be purchased for the team through Maranatha. The cost is \$3/day per person; payment is due 30 days prior to departure.

### **Travel**

All necessary travel arrangements for the team to and from Mozambique, including the purchase of airline tickets, will be made through the travel agent selected by the Project Coordinator. Work with Maranatha for in-country ground transportation.

### **Food**

Maranatha has a culinary trained cook from Mozambique available for volunteer projects. Food and cooking utensils will be provided by Maranatha. (call to request availability)

### **Team Size**

Team size will be kept within the 15-35 range. (If the team will not fall in this range, approval will be obtained from Maranatha.) Volunteer teams with young people (14-17 years) will assure a ratio of at least one adult per every four youth; a ratio of one adult to one child for those children 13 years and younger is required.

### **MGA**

The Maranatha Guide to Adventure will be used as a short-term missions resource for the team. ([www.maranatha.org/news/guide](http://www.maranatha.org/news/guide))

### **Please Read Carefully and Sign Below**

I have read this contract and on behalf of the team agree to abide by the requirements set forth above. I also agree to state in all publicity and presentations that this is a short-term mission project arranged between our organization and Maranatha.

Enclosed is our non-refundable \$500 deposit. I understand that no project will be assigned until this fee is paid. I also understand that this fee applies toward the construction fees the team must pay.

\_\_\_\_\_  
Project Coordinator Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Pastor/Principal Signature

\_\_\_\_\_  
Date of Board Approval